

Hope in Sweden

Evidence informed decision making process in health care management
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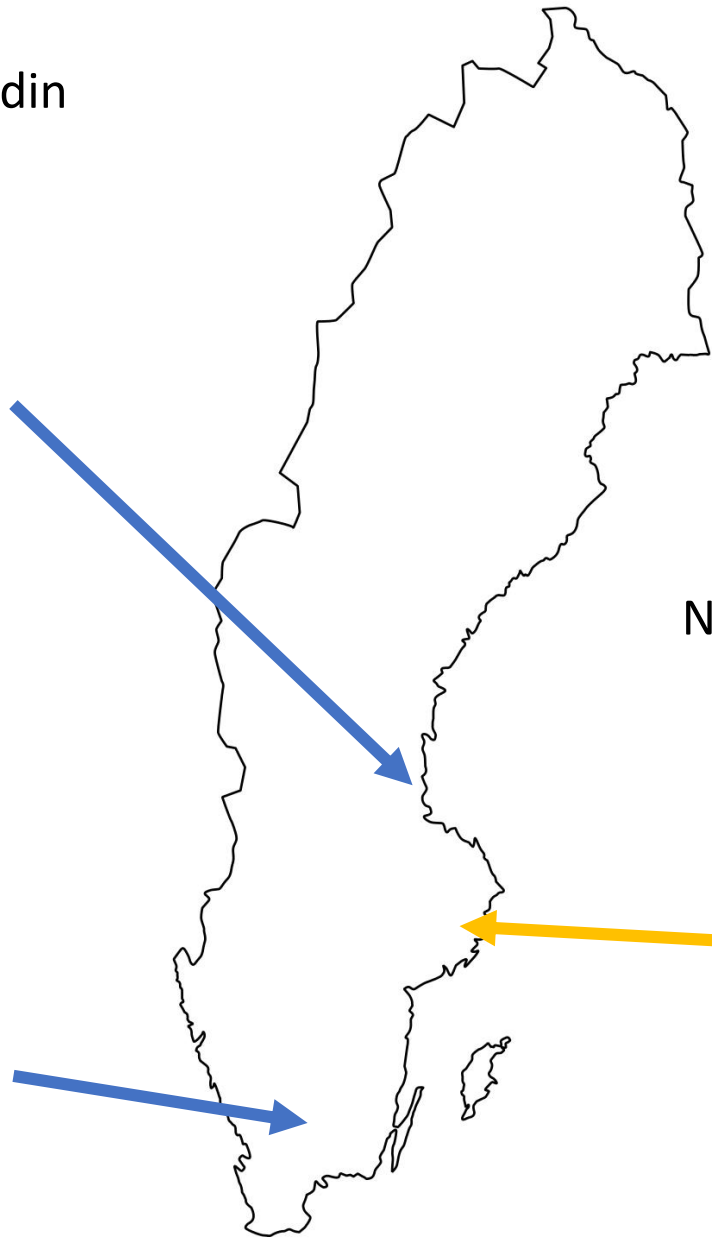
Team GÄVLEBORG

Hosts: Janet Kling and Inger Bodin



Team KRONOBERG

Host: Elisabet Brücher



HOPE Teams in Sweden 2019

National Team STOCKHOLM
National Coordinator: Erik Svanfeldt



The Swedish Health Care System

- Population over 10 Million
- 20 regions - 290 municipalities
- Tax-financed and decentralized
- The regions have the main responsibility for health care - but the municipalities have some responsibility for primary care





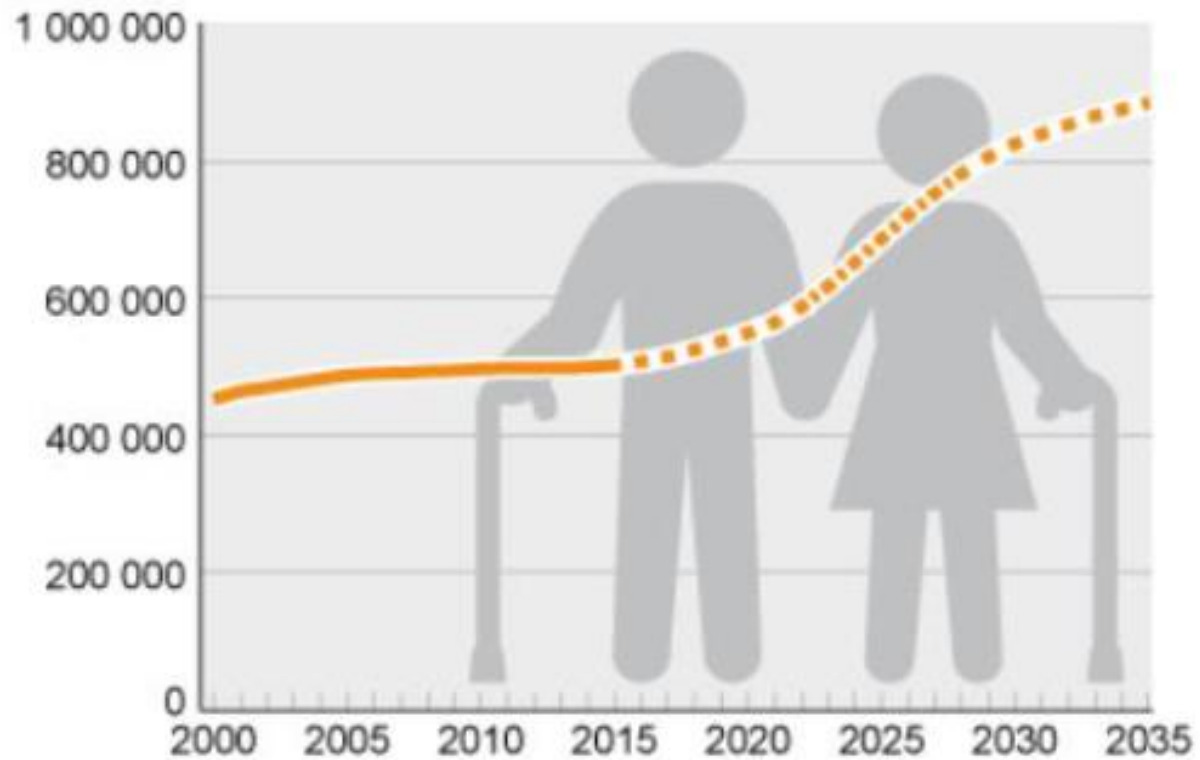
Good and close care

Optimizing surgery process

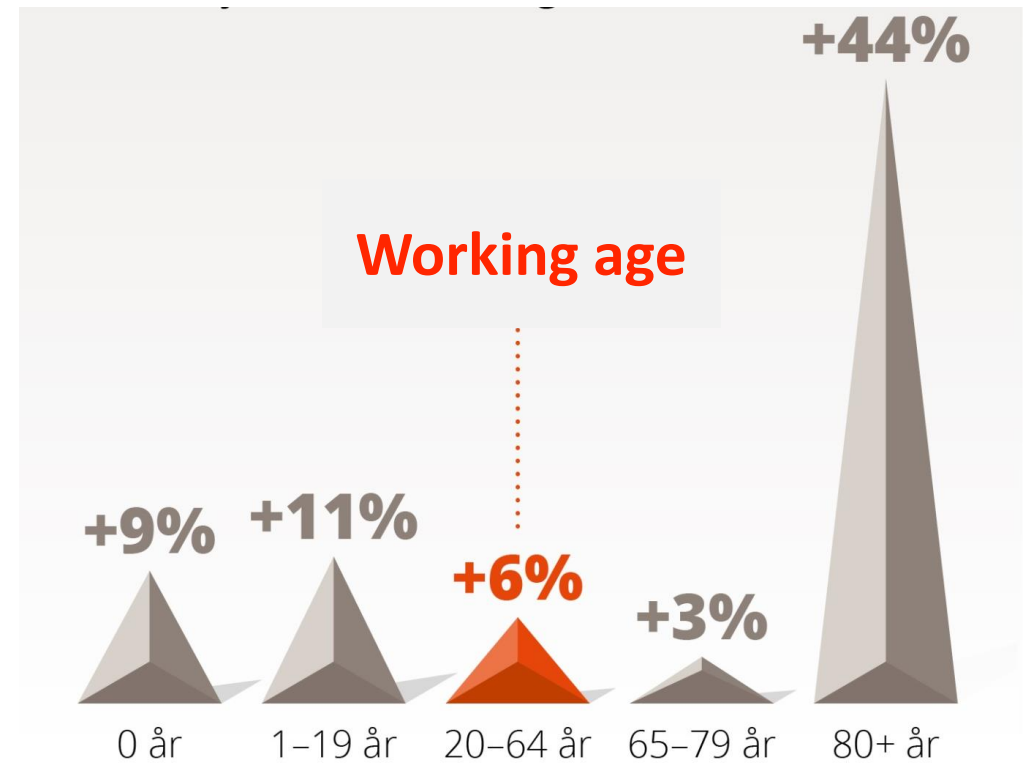
Daily evaluation at the hospital laboratory

A lush forest scene featuring a calm pond in the middle ground. Weeping willow trees with bright green, drooping branches frame the pond. The water reflects the surrounding trees and foliage. In the foreground, several vibrant green ferns with curled fronds are in sharp focus. The background shows a dense forest of tall, thin trees under a bright sky. The overall atmosphere is peaceful and natural.

Good and close care
God och nära vård



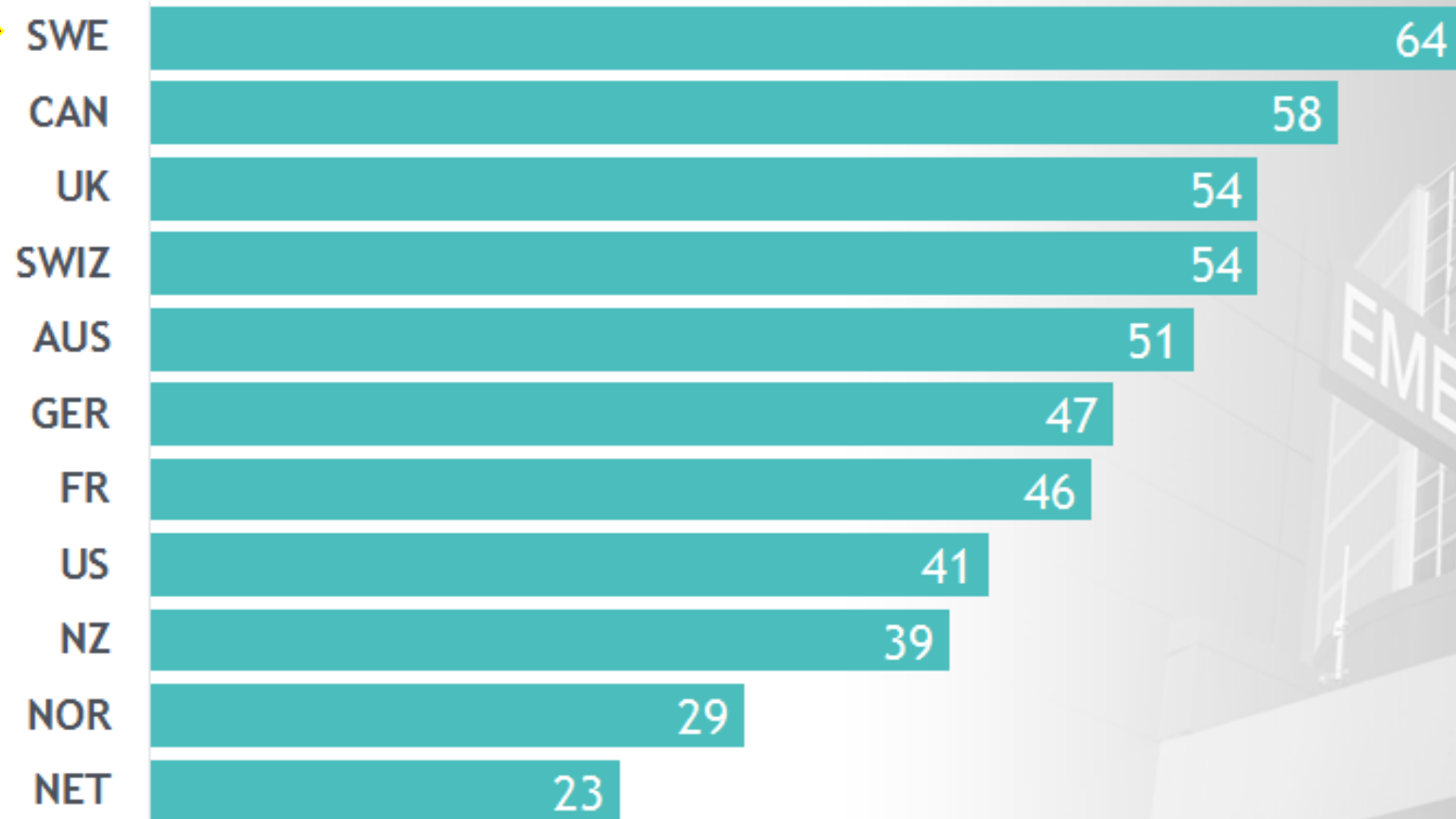
Number of persons aged 80 and over 2000-2014
(prognosis for 2015-2035)



Källa: SCB april 2018

Older Adults Who Had Difficulty Getting After-hours Care Without Going to the ED (Emergency Department)

Percent (%)



Source: 2017 Commonwealth Fund International Health Policy Survey of Older Adults

Definition: "Somewhat" or "very difficult" to get after-hours care.

Population: Excludes adults who did not need after-hours care.

Good and close care

The Challenge

- Demographic development
- New needs – new patterns in population disease (e.g. chronic diseases increase)
- To increase quality, improve access and ensure more efficient use of resources – changes to the structure and organisation are required
- Integrated care – cooperation between different health care units:
 - primary care – hospital care
 - general medicine specialists – organ /disease specialists
 - culture – working methods
 - multiprofessional groups
- Collaboration between regional and municipal health care
- Improve and build new competences
- Optimizing digitalization

Good and close care

The project

- Report *Effektiv vård (Efficient health care) 2016*
- The Government (2017) commissioned an investigator to support regions and national authorities in their development of a modern, equal, accessible and efficient health care focusing on primary care.
 - **Closer health care**
open, flexible accesses and solutions
 - **Closer to the individual**
participation, sharing of knowledge and decision making
- All regions in Sweden take part in this work.

Good and close care

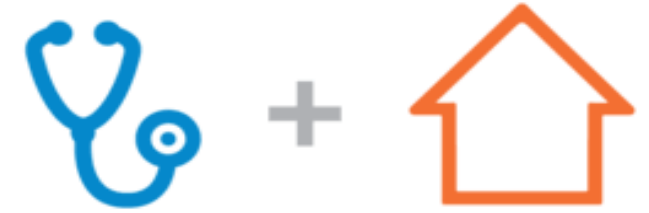
Evidence

According to the **Organization for Economic Cooperation and Development** (OECD) and **European Observatory on Health System and Policies**, there are increasingly convincing evidence for

- lower levels of avoidable inpatient care
- fewer visits to emergency-rooms
- better health outcomes
- more equality
- slower increases of costs in health care

Examples of this development

„Mobile doctors“



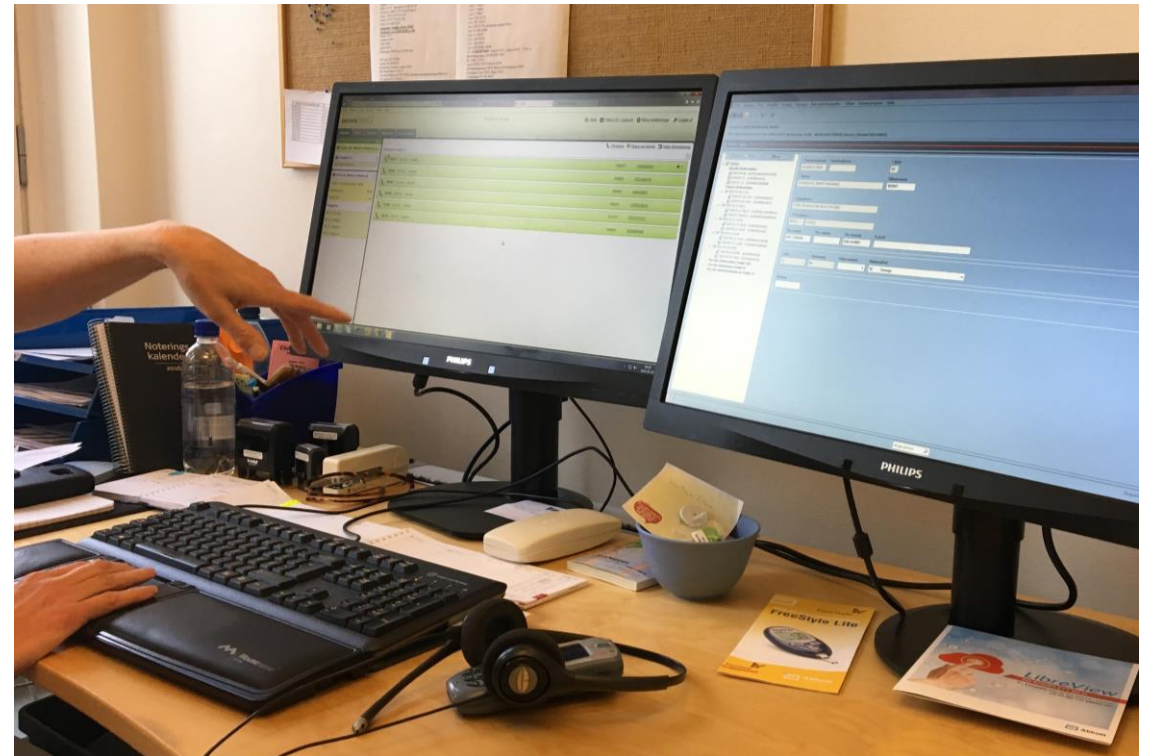
Internal medicine doctor from the hospital, who is going to the patient at home, knowing the medical background of the patient. Takes the necessary time to talk with the patient about the needs. This doctor collaborates with all parties involved.

→ Treatment on the spot - less hospital admission

„Telephone consulting for diabetics“

Diabetes Nurse (Gävleborg)

- blog (4-8 messages per day)
- telephone center (15-20 calls per day on the list)
- also the team communication goes via Skype
- one documentation system for the whole region
- the workstation is well equipped (2 screens)



A look into the future of digitalization ...



1177.se

Patients make the triage
by themselves



In the future patients should **triage themselves** and will be referred directly to the **best point of care**. Therefore the digital systems have to be improved and optimized – a long term improvement until 2029.

„Necessary to have the patients' views ...“

The National Patient Survey

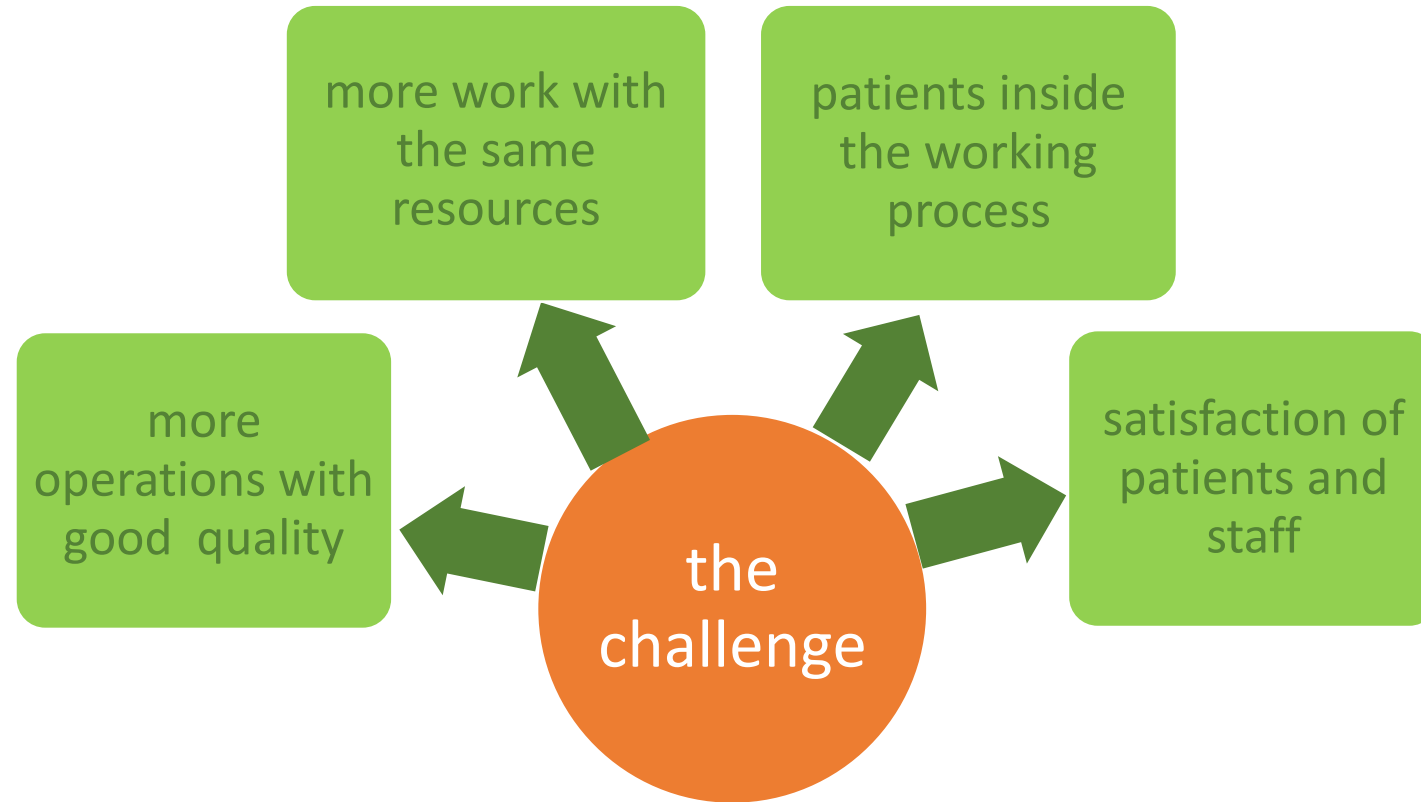
- The National Patient Survey provides an annual measurement of how patients perceive the quality of health care.
- The survey reaches an average of about 640.000 people per year.
- Specialized care and primary care is measured on a two years basis.





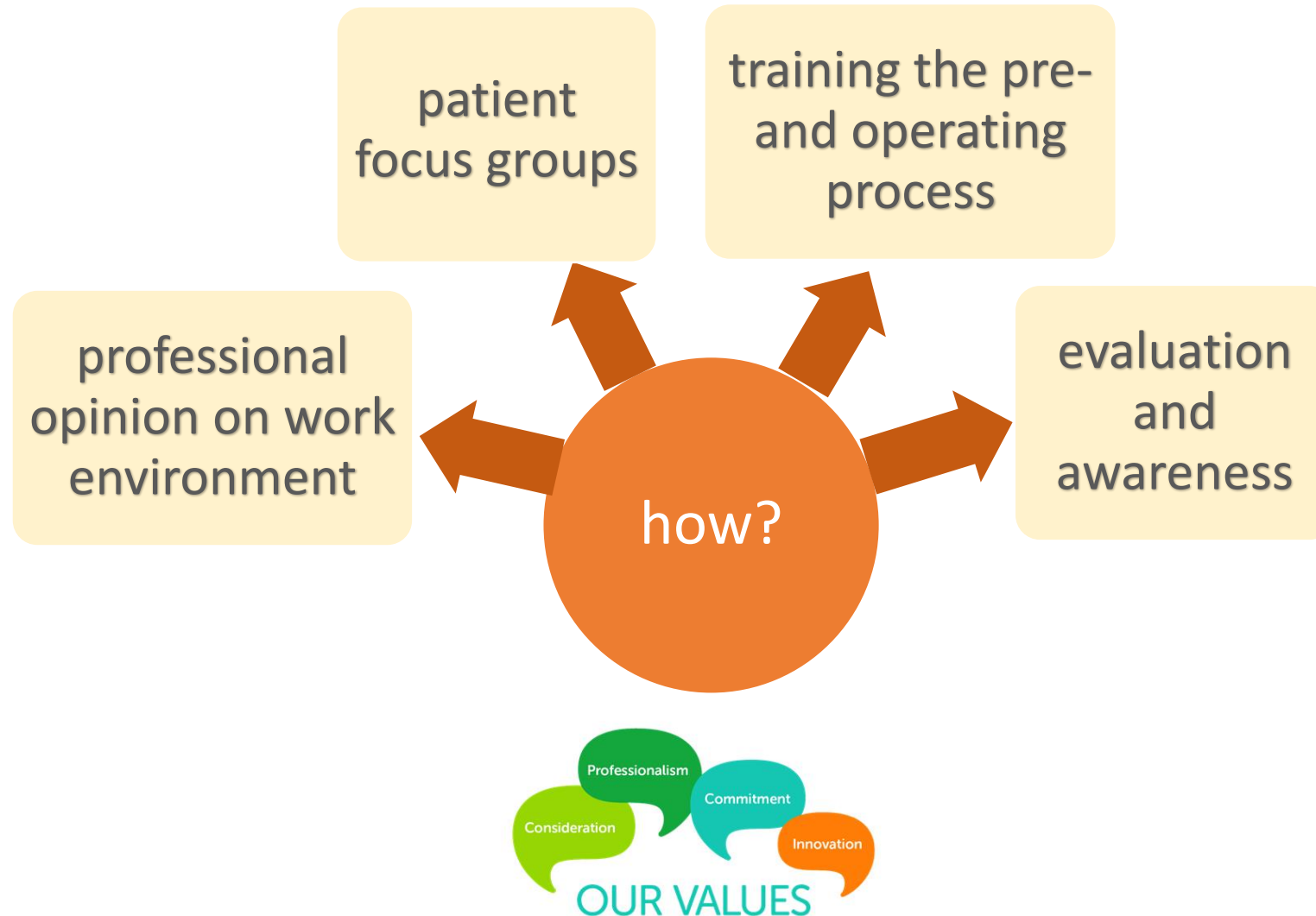
Optimizing the surgery process

ALERIS – there was a need for optimizing the surgery process



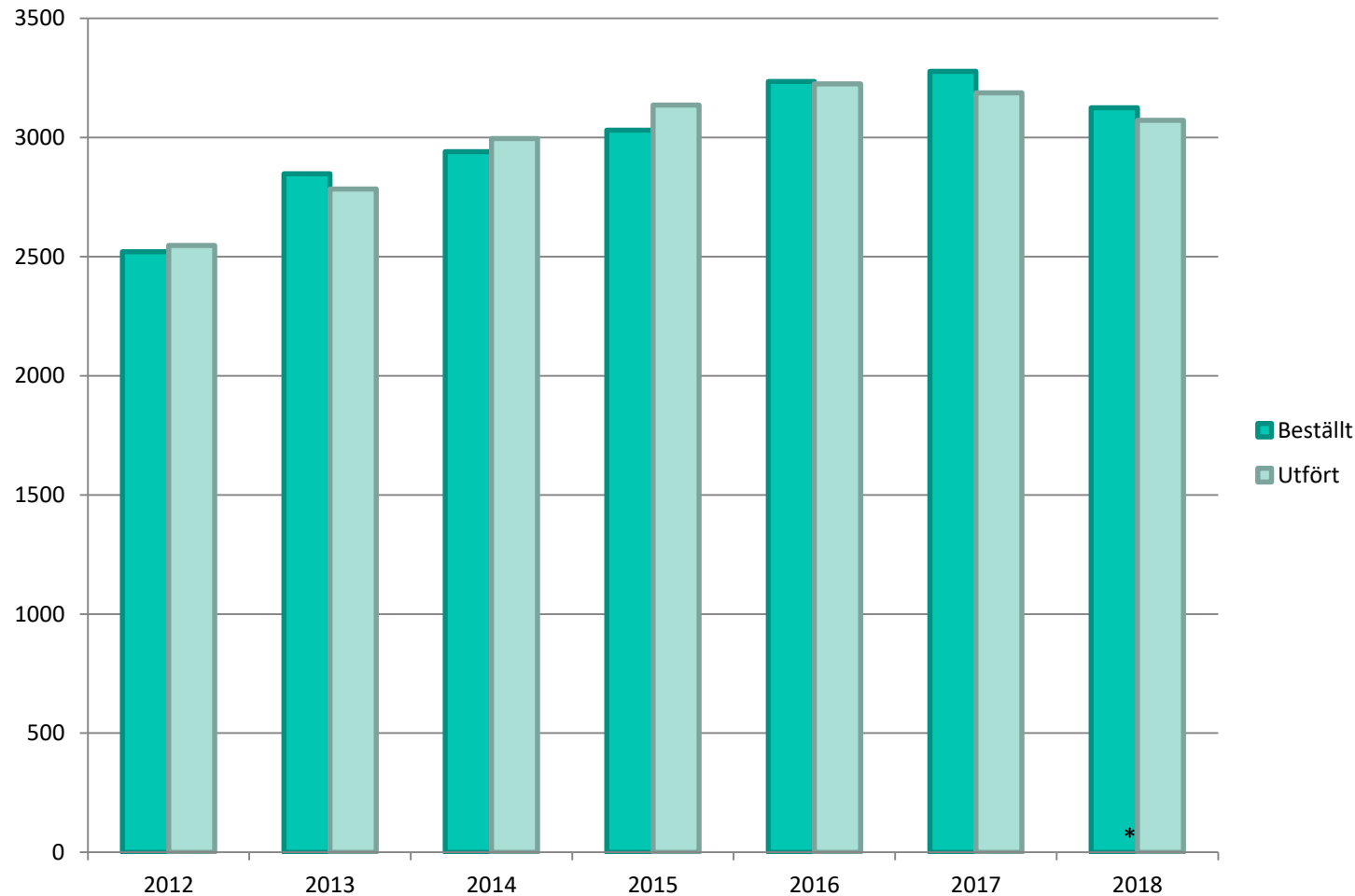
Region Gävleborg had commissioned a specific number on medical consultations / interventions and assigned specific tasks.
There is a joint waiting list for planned surgery for the patients from the whole region.

How they approached this challenge together



ALERIS – Optimizing the surgery process successful

Commissioned and performed surgeries over time

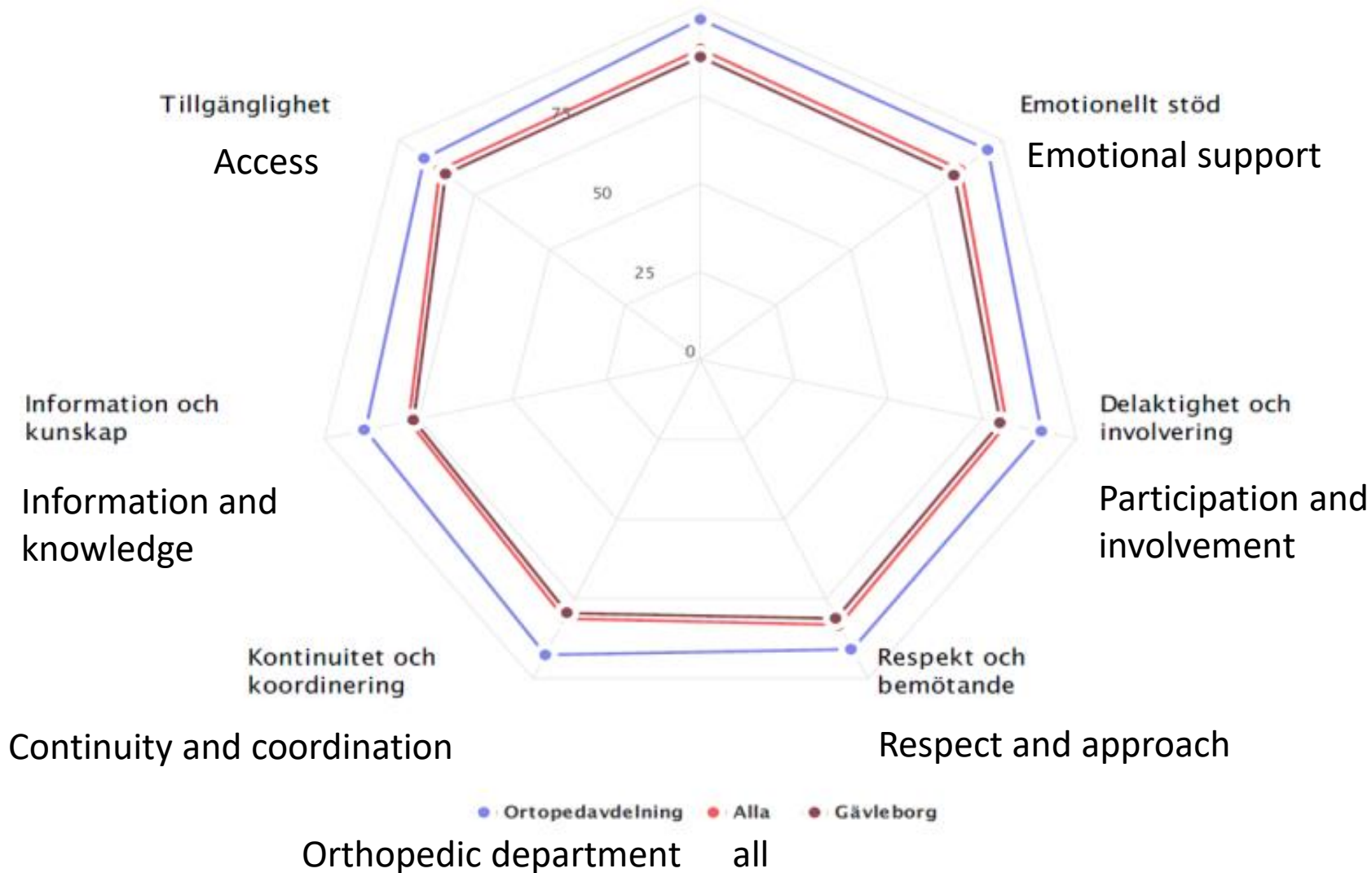


commissioned
performed

Specialized inpatient hospital care 2018

Specialiserad sjukhusvård slutet 2018

Overall impression Helhetsintryck



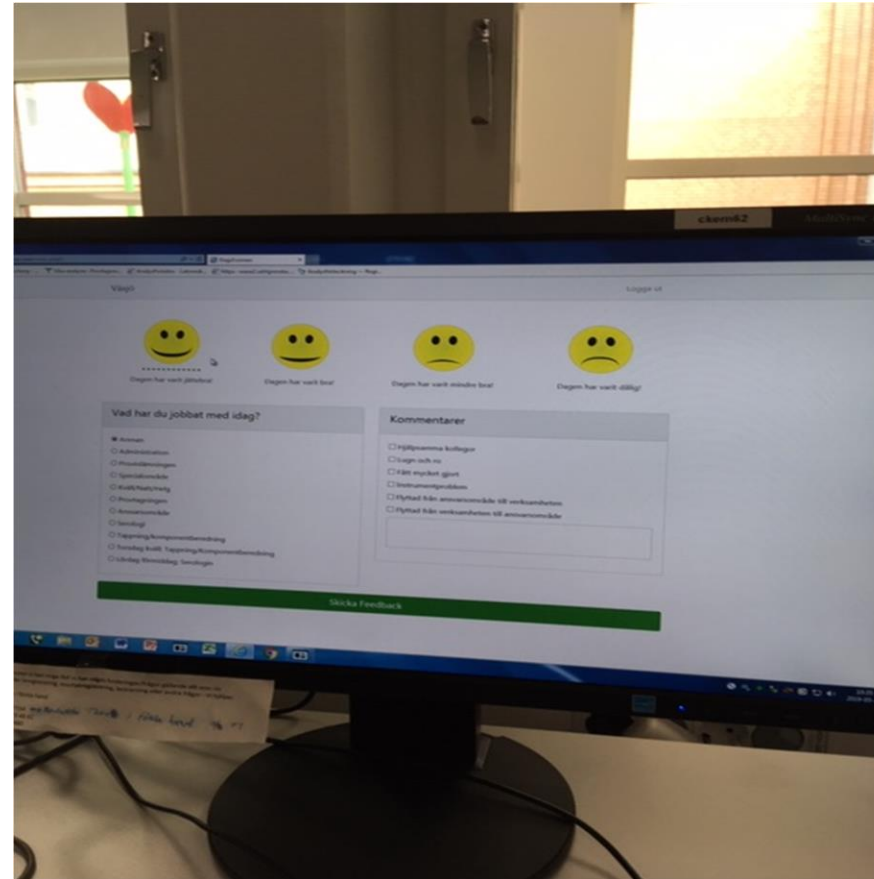
Results National patient survey 2018





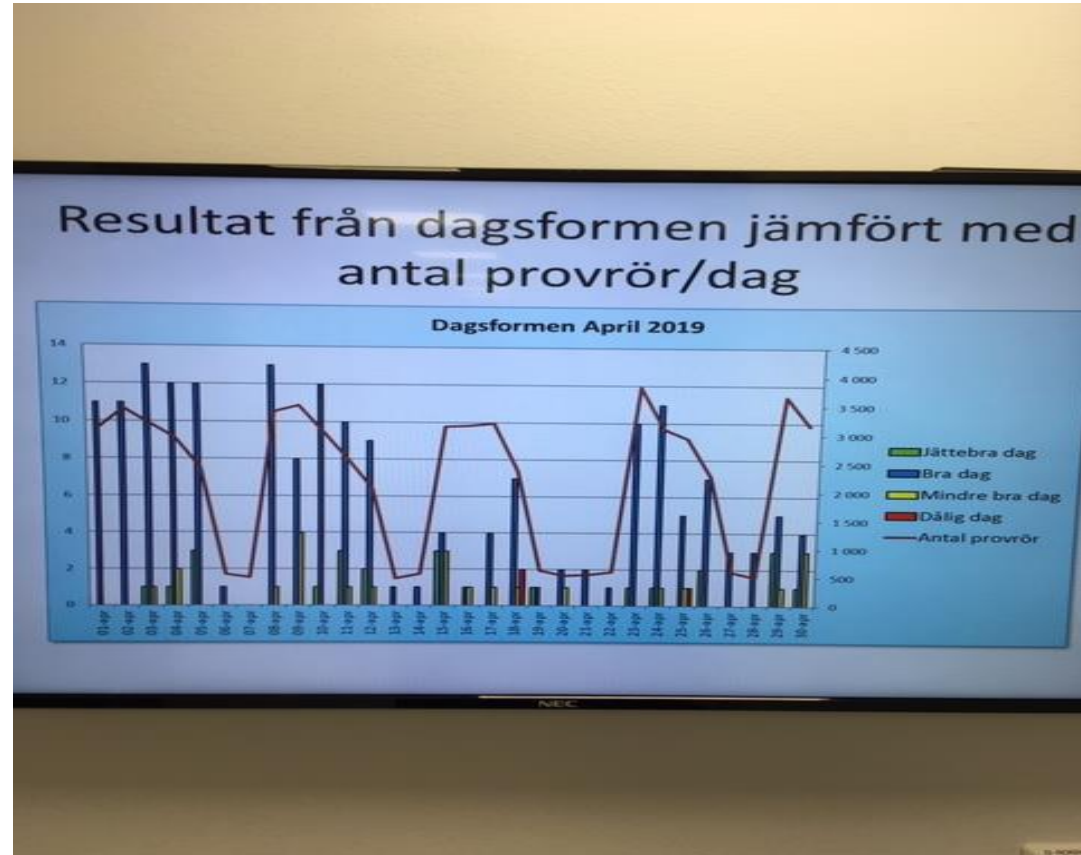
Daily evaluation at the hospital laboratory

„How was your working day?“



Evaluation after every shift at the laboratory of the Central hospital in Växjö - individual and anonymous

Daily report staff laboratory – results



All results are on screens in the hallway of the department

Daily report staff laboratory – activities

- Weekly meeting with manager and a representative of the staff talking about the results and making improvements together



- All the staff is happy with the results, so they keep filling out the evaluation



Thank you Sweden