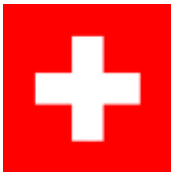


HOPE Exchange 2018

Switzerland



Päivi Sova



Jonathan Gomez



Lilly Krogh



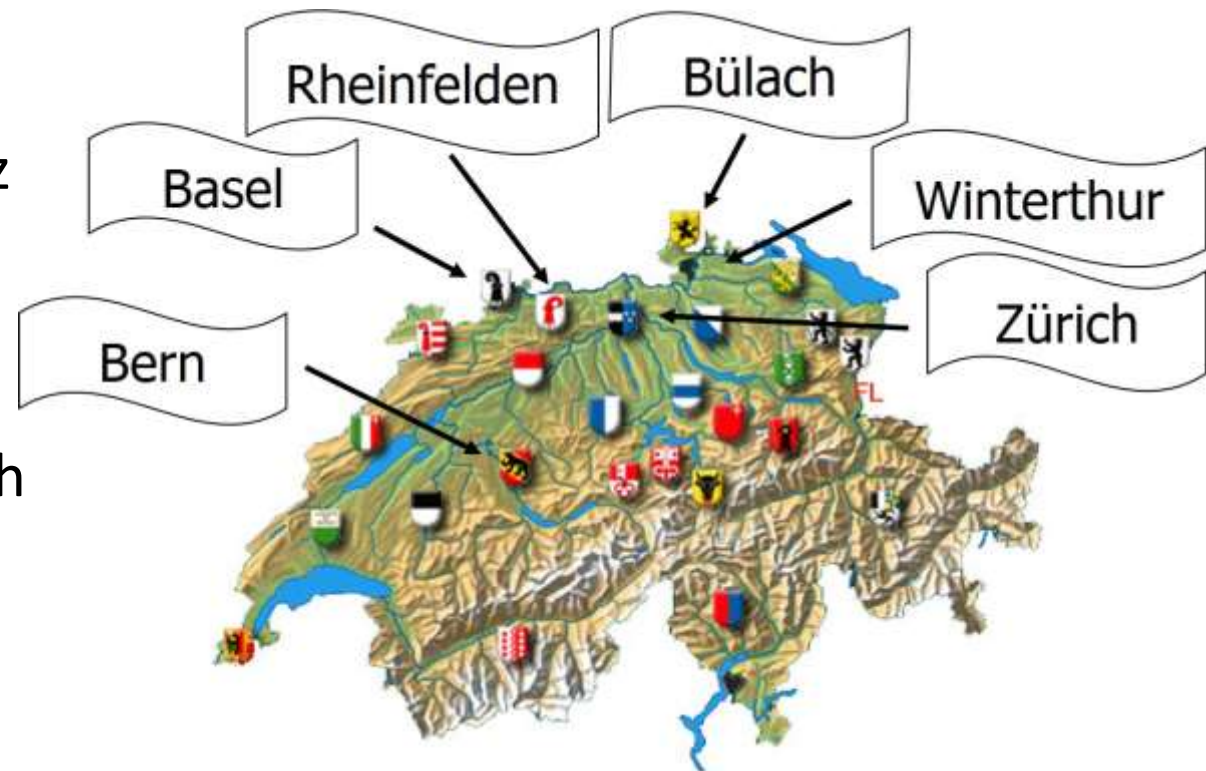
Christian Dietrich



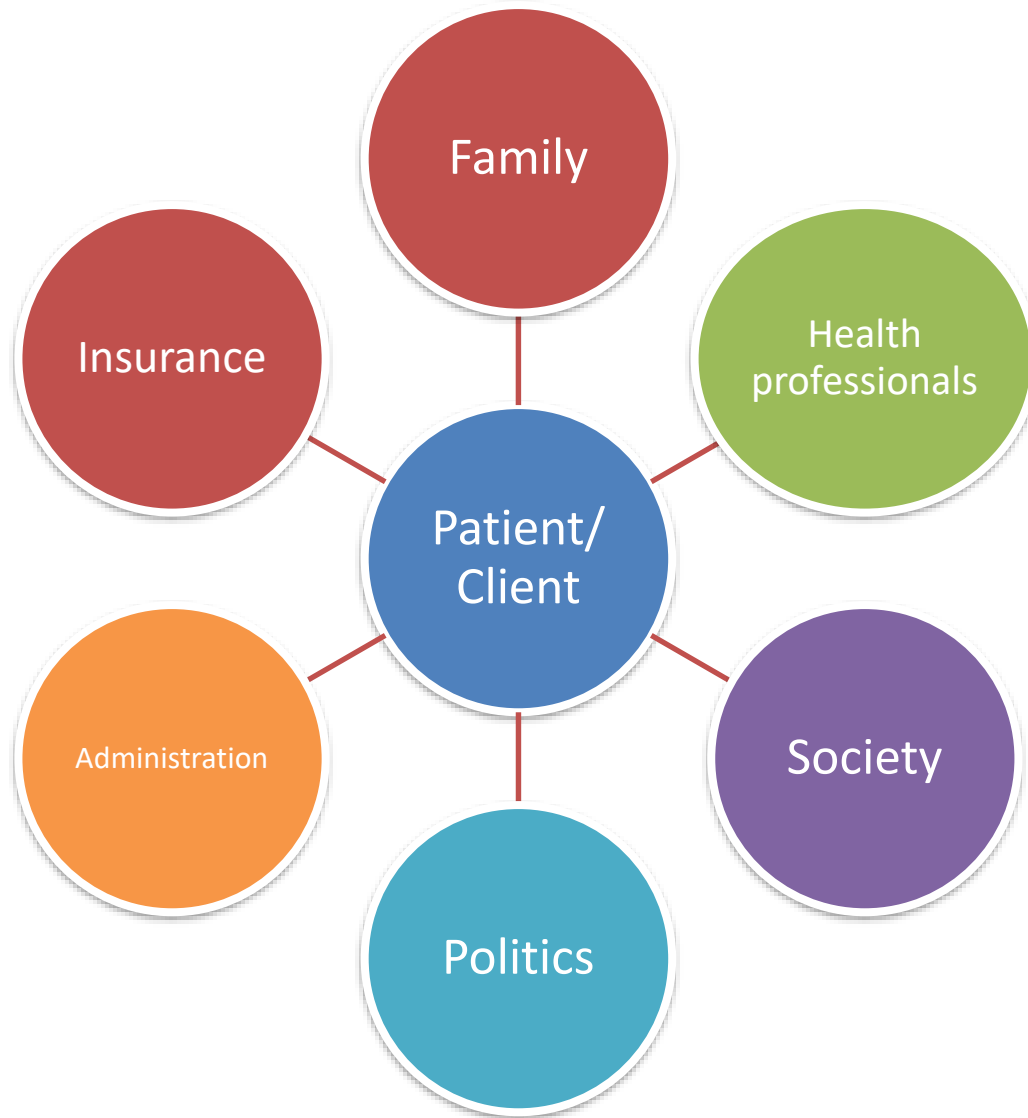
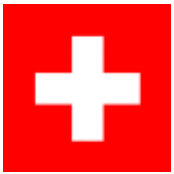
Ana Picado



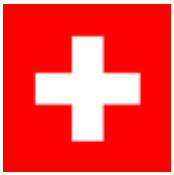
Michal Urbánek



Patient as a client



We observed...

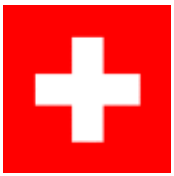


between professionals and patients:

- Respect
- Independency in daily life
- Dignity
- Self-determination about treatment
- Eye to eye communication
- Working together

Practical Example

Palliative care



Palliative care is an approach that improves the quality of life of patients and their families facing the problem associated with life-threatening illness, through the prevention and relief of suffering by means of early identification and impeccable assessment and treatment of pain and other problems, physical, psychosocial and spiritual (WHO, 2002)



Advance care planning



anticipation

Best care for the dying



reducing fears

Community involvement

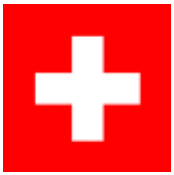


**increasing
competencies**



Source: Dying Matters
Week, NHS (2012)

ABC Concept Questions



- **To patients:**

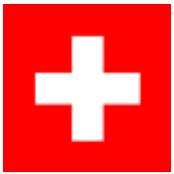
What causes most your suffering?

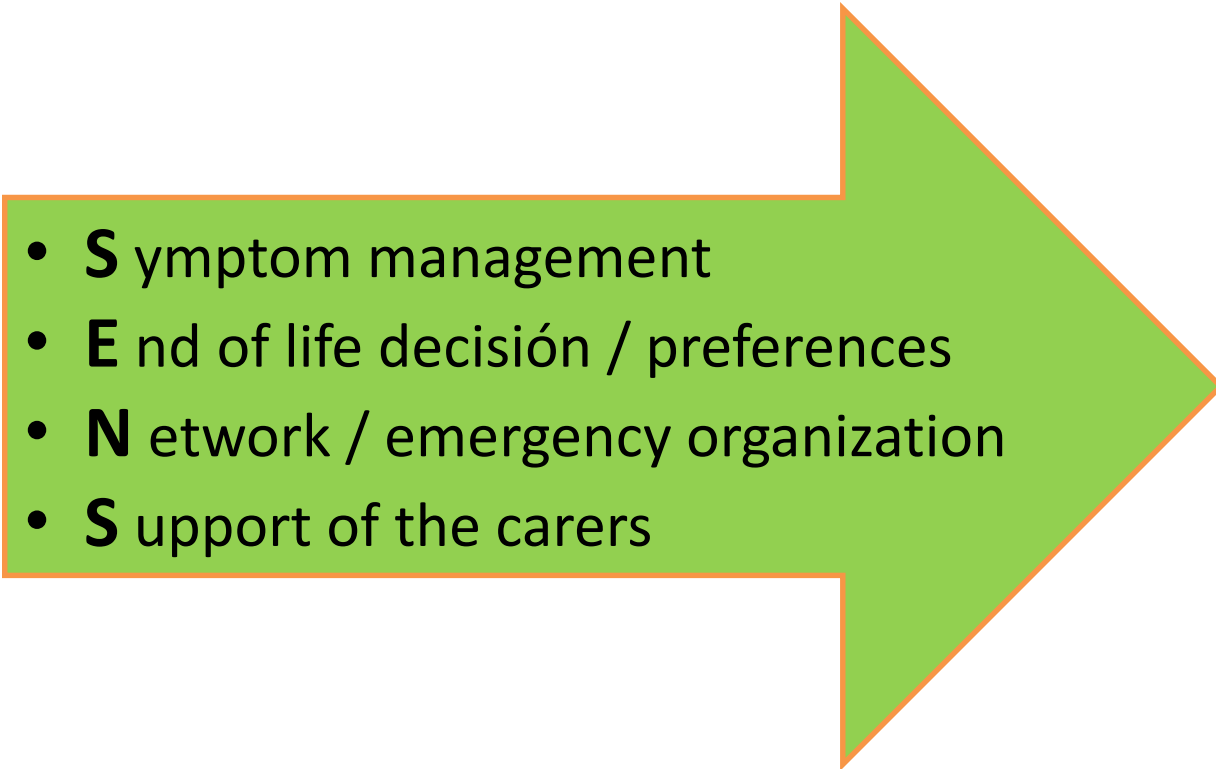
Which competencies for which problem?

- **To professionals**

Would you be surprised if...?

SENS approach

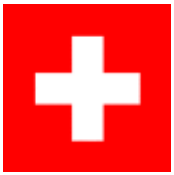


- 
- **S**ymptom management
 - **E**nd of life decision / preferences
 - **N**etwork / emergency organization
 - **S**upport of the carers



Disease
modifying
treatment

Barriers



Fragmented system (Region, community and hospital)

Resources

Insurance

Money

Attitudes

Family

Politicians

Society

Professionals

Family network

Patient and relatives empowerment

**Money can be
saved**

Quality of life

**Patient will is the
focus**

**Health
professionals
satisfaction**

Swiss team

